

INTEGRATED IMPACT

Consulting with purpose.

Built for those who need it most.

Lean by design

Senior-led

Community-centered

hygieia.llc

HYGIEIA CONSULTING

Hygieia Consulting, LLC

Senior-level strategy building and advisory services.

No layers. Just expertise.

Hygieia brings partner-caliber thinking to organizations working at the intersection of community, health, and equity — without the cost structure of a large firm.

Strategic Planning · Program Development · Evaluation Capacity Building

Theory of Change · Organizational Assessment · Cross-Sector Facilitation

Serving nonprofits, foundations, health systems, and community organizations across Philadelphia and beyond.

The Challenge Facing Nonprofits Today

01

Big-Firm Cost

Organizations that need high-level strategic guidance are often priced out by large consulting firms whose overhead drives up the cost of every engagement — regardless of the actual work delivered.

02

Junior-Staff Delivery

Even when organizations can afford a large firm, senior expertise often stays at arm's length — leaving day-to-day strategy work to less experienced staff, while partners appear mainly at the start and end.

03

Generic Solutions

Cookie-cutter frameworks fail to account for community context, organizational culture, and the nuanced realities of mission-driven work. One-size approaches produce plans that rarely translate to action.

Hygieia was built to solve exactly this — senior expertise, lean structure, tailored to mission.

Who We Are

Hygieia Consulting is a lean, senior-led strategy firm serving nonprofits, foundations, and community-focused institutions. We specialize in Integrated Impact — working across sectors, with communities, to develop purpose-driven solutions for individual and community well-being.

01 Lean by Design

No layers of management. No large associate teams marking up hours. Every engagement is led by senior practitioners from start to finish — so clients get the expertise they paid for, every time.

02 Partner-Level Expertise

Our team brings the depth and experience of senior nonprofit strategists to every engagement — not just kick-off calls and final presentations. You work with us directly, throughout.

03 Community-Centered

We begin and end with inquiry — ensuring voices from all levels of the community are heard and reflected in strategies that actually hold. Process is not a formality; it is the foundation.

04 Sector-Spanning

We work at the intersection of institutional, private, and community-based partners — building cross-sector alignment that moves beyond conversation to coordinated, sustained action.

The Hygieia Difference

	Traditional Large Firm	Generalist Consultant	Hygieia Consulting
Senior-Led Delivery	✗ Associates do the work	~ Varies by practitioner	✓ Senior-led, every time
Transparent Pricing	✗ High overhead costs	~ Inconsistent scope	✓ Lean, value-based pricing
Nonprofit-Specific Depth	~ Broad sector coverage	~ Limited specialization	✓ Deep nonprofit focus
Community-Centered Process	✗ Framework-first approach	~ Client-driven only	✓ Inquiry-based, voice-forward
Cross-Sector Integration	~ Siloed recommendations	~ Single-org focus	✓ Institutional + community
Direct Partner Access	✗ Managed client interface	~ Limited direct access	✓ Direct, throughout

What We Do

Strategic Planning

Inquiry-driven planning that starts with the right questions — not pre-built templates. We help organizations identify root challenges, align stakeholders, and build adaptive plans that integrate structure with flexibility.

Program & Resource Development

From concept to implementation, we help design programs that are fundable, feasible, and grounded in community need — integrating resource strategies that sustain impact over time.

Evaluation Capacity Building

We build internal frameworks for continuous improvement — starting with a data-oriented foundation and evidence base so organizations can demonstrate, measure, and grow their impact.

Theory of Change Development

We facilitate processes that translate vision into a clear, evidence-based logic for change — aligning staff, boards, funders, and community partners around a shared direction.

Organizational Assessment

Honest, structured assessments that identify capacity gaps, strengths, and strategic opportunities — providing the clarity organizations need to make confident decisions and move forward.

Cross-Sector Facilitation

We design and facilitate processes that bring institutional, private, and community partners into genuine alignment — moving from conversation to coordinated, sustained action.

How We Work

A flexible, inquiry-led engagement process — tailored to each organization



**Listen &
Discover**



**Assess &
Align**



**Build &
Deliver**



**Stay
Accessible**

We begin with deep listening — understanding your organization's context, history, and goals. We do not propose solutions until we fully understand the challenge.

We surface root challenges, ensure all voices have been heard, and build shared clarity on what success looks like — across leadership, staff, and community.

We develop plans, frameworks, and tools that are grounded in evidence, co-created with stakeholders, and ready for implementation — not just for a presentation.

Senior staff remains accessible throughout implementation — supporting adaptive learning, course corrections, and the ongoing translation of strategy into action.

Who We Serve

Nonprofits & Community Organizations

Social service, advocacy, and community-based organizations seeking strategic clarity, funding alignment, and stronger program impact in the communities they serve.

Foundations & Funders

Place-based and issue-area funders developing grantee strategy, community investment frameworks, or learning and evaluation agendas that drive purposeful grantmaking.

Government & Public Sector Partners

Public agencies and government entities working with community-based organizations on joint planning, program design, and accountability frameworks.

Health & Human Services Organizations

Community health centers, behavioral health providers, and organizations working on social determinants of health, community wellness, and equitable care access.

Coalitions & Collective Impact Efforts

Cross-sector partnerships and backbone organizations navigating shared measurement, governance, and the ongoing challenge of turning stakeholder alignment into action.

Healthcare Systems & Anchor Institutions

Hospitals, health systems, and anchor institutions investing in community health, social impact, and population-level outcomes through community benefit and mission-driven programs.

The Value Proposition

What you get with Hygieia

- Direct access to senior strategists — on every call, in every deliverable
- A lean engagement model that puts your budget toward impact, not overhead
- Tailored approaches built around your community, culture, and capacity
- Cross-sector expertise spanning nonprofit, health, philanthropy, and government
- An inquiry-first process that surfaces the real challenge, not the presenting problem
- Practical, implementation-ready plans — not reports that sit on a shelf

100%

Senior-Led Delivery
Every engagement, every time

Lean Model

Low overhead means more value
per consulting dollar

Core Services

Capacity Building · Planning · Program Development &
Evaluation · Social Return Assessment

Let's Build Something Together

Hygieia is ready to meet you where you are — whether you're navigating a strategic inflection, building a new program, or strengthening your capacity for impact. We bring the right expertise, at the right level, without the weight of a large firm.

- 01 Schedule a discovery conversation
- 02 Share your strategic challenge or opportunity
- 03 Let us propose an approach tailored to your needs

Get in Touch

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*"Working across sectors,
with communities, for communities."*

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